

# Nursing HESI-HESI-A2

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## Question: 1

How can healthcare workers maintain patient privacy and confidentiality?

- A. Keep patient records in a locked cabinet
- B. Discuss patient information with coworkers in a public area
- C. Post patient information on a bulletin board
- D. None of the above

**Answer: A**

Explanation:

Healthcare workers should maintain patient privacy and confidentiality by keeping patient records in a locked cabinet and not discussing patient information with anyone who is not involved in the patient's care.

## Question: 2

If a patient is experiencing shortness of breath, what intervention should be implemented?

- A. Administer oxygen
- B. Have the patient lie flat on their back
- C. Perform deep breathing exercises
- D. None of the above

**Answer: A**

Explanation:

Shortness of breath can be a symptom of a respiratory problem. Healthcare workers should administer oxygen to the patient to improve their breathing.

## Question: 3

Are healthcare workers allowed to disclose patient information to a patient's family members without the patient's consent?

- A. Yes, if the family members request the information
- B. No, healthcare workers should only disclose patient information to authorized individuals or with the patient's consent

C. Yes, if the healthcare worker believes it is in the patient's best interest

**Answer: B**

Explanation:

Healthcare workers should only disclose patient information to authorized individuals or with the patient's consent. Disclosing patient information without the patient's consent can be a violation of their privacy and confidentiality.

### Question: 4

If a patient has a history of falls, what intervention should be implemented to prevent falls?

- A. Use restraints to prevent the patient from getting out of bed
- B. Keep the patient in bed at all times
- C. Place a bed alarm on the patient's bed
- D. None of the above

**Answer: C**

Explanation:

Patients with a history of falls are at increased risk of falling again. Healthcare workers should place a bed alarm on the patient's bed to alert them if the patient attempts to get out of bed.

### Question: 5

How can healthcare workers promote cultural competence?

- A. Learn about different cultures and their beliefs and practices
- B. Provide care that is respectful of patients' cultural beliefs
- C. Encourage patients to participate in their care
- D. All of the above

**Answer: D**

Explanation:

Healthcare workers can promote cultural competence by learning about different cultures and their beliefs and practices, providing care that is respectful of patients' cultural beliefs, and encouraging patients to participate in their care.

### Question: 6

If a patient is experiencing a seizure, what intervention should be implemented?

- A. Restrain the patient to prevent injury
- B. Place a pillow under the patient's head
- C. Administer a sedative medication
- D. None of the above

**Answer: B**

Explanation:

During a seizure, healthcare workers should move nearby objects away from the patient to prevent injury and place a pillow under the patient's head to prevent head injury.

### Question: 7

How can healthcare workers prevent the spread of infections?

- A. Wash their hands frequently
- B. Wear personal protective equipment
- C. Follow isolation precautions
- D. All of the above

**Answer: D**

Explanation:

Healthcare workers can prevent the spread of infections by washing their hands frequently, wearing personal protective equipment, and following isolation precautions.

### Question: 8

Is it appropriate for healthcare workers to document in a patient's medical record if they did not witness an event?

- A. Yes, as long as the information is accurate and obtained from a reliable source
- B. No, healthcare workers should only document information they witnessed themselves
- C. Yes, if the information is important for the patient's care

**Answer: A**

Explanation:

Healthcare workers can document information in a patient's medical record that they did not witness as long as the information is accurate and obtained from a reliable source.

### Question: 9

If a patient is experiencing chest pain, what diagnostic test should be ordered?

- A. Echocardiogram
- B. Electrocardiogram
- C. Magnetic resonance imaging (MRI)
- D. Computed tomography (CT) scan

**Answer: B**

Explanation:

Chest pain can be a symptom of a heart attack. Healthcare workers should order an electrocardiogram to assess the heart's electrical activity.

### Question: 10

How can healthcare workers promote patient-centered care?

- A. Encourage patients to participate in their care
- B. Listen to patients' concerns and preferences
- C. Provide care that is respectful of patients' cultural beliefs
- D. All of the above

**Answer: D**

Explanation:

Healthcare workers can promote patient-centered care by encouraging patients to participate in their care, listening to patients' concerns and preferences, and providing care that is respectful of patients' cultural beliefs.

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