

Counseling and Social Work CPRP

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Certification Exam**

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Question: 1

Which of these tools should only be used for assessing clients with schizophrenia?

- A. Role Functioning Scale
- B. Disability Rating Form
- C. Life Skills Profile
- D. Behavior and Symptom Identification Scale

Answer: C

Explanation:

The Life Skills Profile is an assessment tool only to be used for clients with schizophrenia. It is a 39-question assessment tool that close family members and friends of the client will fill out, and is used to gauge the client's ability to care for herself, her ability to communicate, and her ability to interact socially.

Question: 2

The Simulated Social Interaction Test:

- A. Uses 8 hypothetical situations that are stress-inducing and are used to test the client's response
- B. Uses videos of problems that have been acted-out to have the client describe the problem and potential solutions
- C. Utilizes a five-point scale to measure the client's degree of comfort with certain situations
- D. Uses a two-point scale to judge a client's role-played response on appropriateness and acceptability of behavior

Answer: A

Explanation:

The Simulated Social Interaction Test uses 8 hypothetical situations that are stressful and used to test the client's response. The Assessment of Interpersonal Problem-Solving Skills uses videos of problems that have been acted-out to have the client describe the problem and potential solutions. The Social Performance Survey Schedule utilizes a five-point scale to measure the client's degree of comfort with certain situations. The Interpersonal Role-Playing Test uses a two-point scale to judge a client's role-played response on appropriateness and acceptability of behavior.

Question: 3

The etiology of a syndrome is:

- A. The most likely outcome
- B. Anything that is done to attempt to cure the syndrome
- C. An action taken to lessen the effect of a disease on a client's activities of daily living
- D. The cause of the disease

Answer: D

Explanation:

The etiology of a syndrome is also known as the cause of the disease. The most likely outcome is called the prognosis. Anything that is done to attempt a cure is called a treatment, and an action taken to lessen the effects of the symptoms on the activities of daily living is called rehabilitation.

Question: 4

A schizophrenic client presents to a psychiatric rehab program alone. Which assessment tool should be deferred until a family member or close friend can be present?

- A. Simulated Social Interaction Test
- B. Life Skills Profile
- C. Community Competence Scale
- D. Katz Adjustment Scale

Answer: B

Explanation:

The Life Skills Profile is a tool that is completed by the family members or a close friend of a schizophrenic client. The remainder of the assessments listed are to be completed by the PsyR professional.

Question: 5

When working with a client on advance directives, the client should always be advised that:

- A. They should consult with an attorney or legal expert
- B. Their wishes will likely not be upheld because their ability to give consent may be questionable
- C. There is no protocol for advance directives for psychiatric care
- D. The directives will only cover emergency medical care

Answer: A

Explanation:

Advance Directives are written directions for your preferences related to your care in

the event you are not able to make your own decisions. This may or may not include who you want (or do not want) to visit, who will care for your children, or what procedures/therapies you would provide or refuse consent for. The use of advance directives in psychiatric treatment is relatively new, and the client should be advised to consult with their attorney or legal consultant.

Question: 6

After interviewing a client for his initial assessment and reviewing his chart (diagnosis included), you want to determine how severe his psychiatric symptoms are. Which checklist should you use?

- A. Scale for the Assessment of Positive Symptoms
- B. Scale for the Assessment of Negative Symptoms
- C. Brief Psychiatric Rating Scale
- D. Sickness Impact Profile

Answer: C

Explanation:

The Brief Psychiatric Rating Scale is a tool used after a diagnostic interview has been performed and a diagnosis has been reached. The scale is used by clinicians to determine the severity of the client's psychiatric symptoms.

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